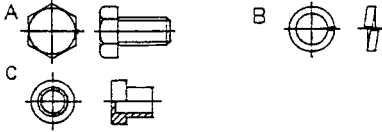


OWT-27 and SWT-17

OLYMPIC and STANDARD WEIGHT TREE ASSEMBLY INSTRUCTIONS

SWT-17 HARDWARE ILLUSTRATION SHEET

	QTY.
A 3/8"x5/8" L HEX HEAD BOLT	4
B SPRING WASHER	4
C 1" ROUND END CAP	7



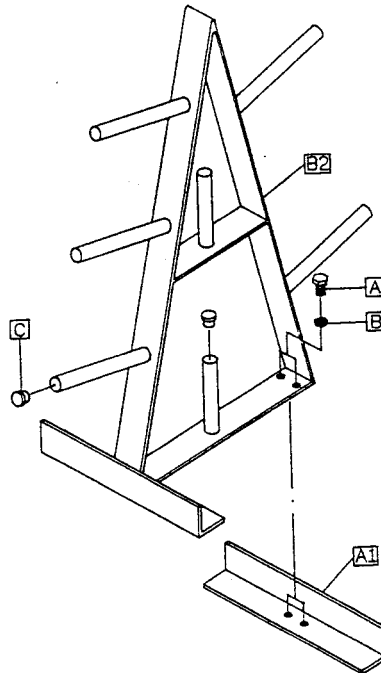
WEIGHT CAPACITY: 900 LBS.

SWT-17 PARTS ILLUSTRATION SHEET

	Qty.
A1 Base Support	2
B2 Tree Frame	1

NOTE: Square-up Tree Frame on its Base Supports before tightening bolts securely.

CAUTION: ALWAYS LOAD WEIGHT EVENLY ON BOTH SIDES OF TREE TO PREVENT TIPPING.



NOTE: It is advisable to use glue to help secure End Caps.

SAFETY RULES

1. Periodically check that all nuts and bolts are fully tightened on your STANDARD WEIGHT TREE.
2. Exercise with care. Perform your exercises at a smooth moderate pace; never perform jerky or uncoordinated movements that may cause injury.
3. It is recommended that you should workout with a training partner.
4. **WARNING: CONSULT YOUR PHYSICIAN BEFORE STARTING YOUR EXERCISE PROGRAM. IT IS ADVISABLE TO HAVE A PHYSICAL EXAMINATION BEFORE YOU ENTER ANY EXERCISE PROGRAM. FOR YOUR OWN SAFETY, DO NOT BEGIN ANY EXERCISE WITHOUT PROPER INSTRUCTION.**

Body-Solid Fitness Equipment reserves the right to change design and specifications when we feel it will improve the product.

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